

2010 ALL-SHORE TEAM SHORE TRACK COACHES

(LISTS ARE ALPHABETICAL)

100

Jihaad Howard	Brick Mem.
Bennett Jackson	Raritan
Miles Shuler-Foster	Long Branch

200

Ahmier Dupree	Lakewood
Bennett Jackson	Raritan
Miles Shuler-Foster	Long Branch

400

Mike Andre	Ocean
Matt Melton	Wall
Brain Ramcheran	Matawan

800

Kevin Bryne	RBC
Kinglesy Prophete	Manalapan
Lukas Zirngibl	Middletown North

1600

Aaron Leskow	Toms River North
Mike Mazzaccaro	CBA
Matt Valeriniani	Southern

3200

Joe Kotran	Toms River North
Mike Mazzaccaro	CBA
Matt Valeriani	Southern

High Hurdles

Bennett Jackson	Raritan
Chris Mosely	Mon Don
Steve Worsley	Long Branch

Intermediate Hurdles

Adam Stokes	Jackson Memorial
Terrence Maliff	Wall
Sean Walsh	Freehold Twp

Relay

Freehold Twp
Long Branch
St John Vianney

Triple Jump

Kwame Manful	Freehold Twp
Tyrone Smith	Matawan
Rob Whitfield	Toms River South

Long Jump

Andrew Micheliche	Toms River South
Tyrone Smith	Matawan
Rob Whitfield	Toms River South

High Jump

Joe Hardy	Central
Ezra Kelley	Long Branch
Michael Stafford	Neptune

Pole Vault

Erik Cotrell	Toms River South
Khiry Ingram	Lakewood
Jordan Subai	Toms River North

Shot Put

Terrance Brown	Jackson Memorial
Andre Hodge	Matawan
Andrew Rohan	CBA

Discus

George Ebinger	Barnegat
Andre Hodge	Matawan
Connor Saker	Jackson Memorial

Javelin

Sean McKee	Middletown North
Zack Torrell	Lacey
Jimmy Tully	CBA